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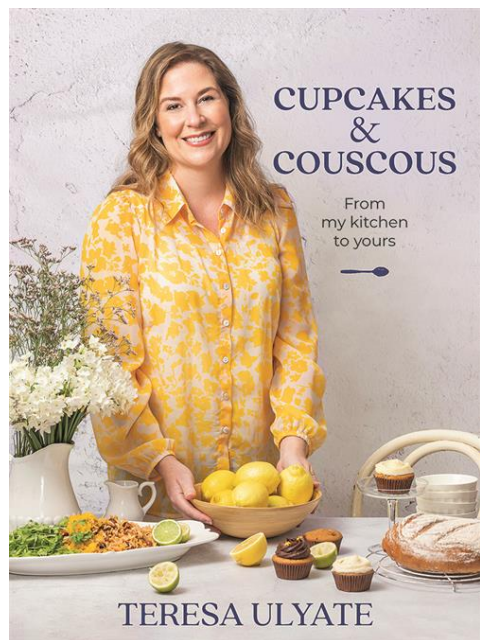
Human & Rousseau

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PUBLISHERS

Tafelberg
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Quellerie
Kwela
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Best Books
Lux Verbi
Melinda Ferguson Books



Publication date: 01 September 2023

Price: R450,00

Pages: 192

Format: 270mm x 200mm

Binding: Paperback / softback

Category: Cookery

ISBN-13: 9780798183475

Barcode: 9780798183475

Edition: 1

Impression: 0

* Price is subject to change

Teresa Ulyate

Cupcakes and Couscous

Recipes from my kitchen to yours

“This book is a reflection of my cooking and eating style—a happy combination of nostalgia-inspired dishes and achievable new recipes. I believe in balancing wholesome nourishment and special treats. From morning munching to fuss-free dinners and everything in between, these comforting recipes were created to be prepared and enjoyed together.”

In *Cupcakes & Couscous*, Teresa Ulyate spoils us with a treasury of tempting dishes. These accessible and tasty recipes for all occasions are perfect for working parents, foodies and homecooks. With pantry staples, hosting tips, menus and over 75 recipes for everything from braais and special occasions to simple suppers, snacks and sweet treats, this book is sure to become a reliable kitchen companion that inspires.

About the author

Teresa Ulyate is a cook, food blogger and content creator. She currently works as a freelance recipe developer and food photographer and her work has featured in numerous brand campaigns as well as in print and digital media. She also appears regularly on the SABC3 Espresso Show as a guest cook. Teresa lives in Cape Town.

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Human & Rousseau is an imprint of NB Publishers

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