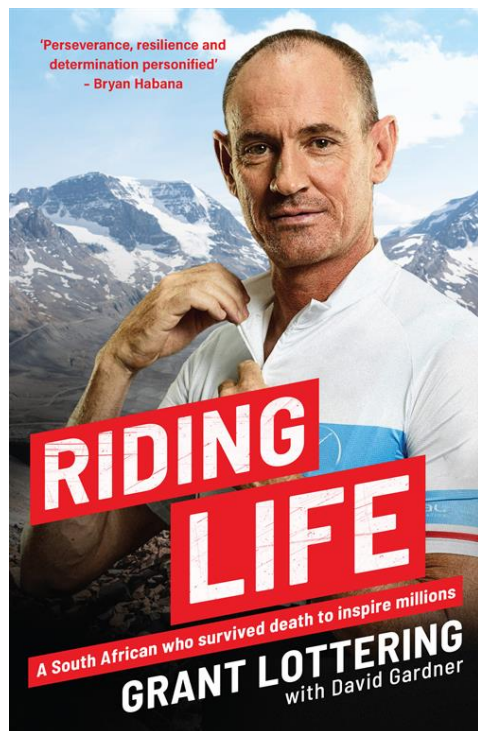




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Melinda Ferguson Books**Publication date:** 21 April 2023**Price:** R310,00**Pages:** 224**Format:** 234mm x 152mm**Binding:** Paperback / softback**Category:** Autobiography**ISBN-13:** 9780624093022**Barcode:** 9780624093022**Edition:** 1**Impression:** 0**Digital Edition****Publication Date:** 21 April 2023**Price:** R265,00**Epub ISBN:** 9780624093039

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His ability to overcome adversity and pain - even in the face of death – is what makes Grant truly unique. - Edwin Moses, Olympic medalist

Grant Lottering**Riding Life**

**A South African who
survived death to inspire
millions**

He was told he would never cycle again. But South African ultra-endurance cyclist Grant Lottering doesn't take no for an answer. In 2013, Lottering's heart stopped after a gruesome accident in the Italian Alps. Doctors said he would never ride again. Since then, he has completed many gruelling rides through some of the toughest terrain on the planet. The first South African to complete a solo, non-stop 420-kilometre ultra-endurance ride through the northern French Alps in under 24 hours, Lottering has endured numerous rides previously thought to be impossible, while raising millions for charities.

Grant Lottering is a highly regarded motivational speaker and ambassador for Laureus Sport for Good. His story – proving that the human body can achieve the near impossible if you have the right mindset – is an inspiration to millions.

About the author

Grant Lottering is a motivational speaker and ultra-endurance cyclist who went from death to conquering the Alps and inspiring millions around the world.

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